

99134060017001, 99134060017001

# Apply for medical rehabilitation to prevent disabilities and chronic illnesses in accordance with SGB IX

Heruntergeladen am 27.06.2025

<https://fimportal.de/xzufi-services/114194500/L100027>

Modul	Sachverhalt
Leistungsschlüssel	99134060017001, 99134060017001
Leistungsbezeichnung I	Apply for medical rehabilitation to prevent disabilities and chronic illnesses in accordance with SGB IX
Leistungsbezeichnung II	
Typisierung	2/3 - Bund: Regelung (2 oder 3), Land/Kommune: Vollzug
Quellredaktion	Mecklenburg-Vorpommern
Freigabestatus Katalog	unbestimmter Freigabestatus
Freigabestatus Bibliothek	unbestimmter Freigabestatus
Begriffe im Kontext	
Leistungstyp	Leistungsobjekt mit Verrichtung
Leistungsgruppierung	Krankenversicherung (134)
Verrichtungskennung	Bewilligung (017)
SDG-Informationsbereich	

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Lagen Portalverbund	
Einheitlicher Ansprechpartner	Nein
Fachlich freigegeben am	25.01.2021
Fachlich freigegeben durch	Ministry for Social Affairs, Integration and Equality Mecklenburg-Vorpommern
Handlungsgrundlage	<a href="https://www.gesetze-im-internet.de/sgb_5/_11.html">https://www.gesetze-im-internet.de/sgb_5/_11.html</a> <a href="https://www.gesetze-im-internet.de/sgb_5/_40.html">https://www.gesetze-im-internet.de/sgb_5/_40.html</a> <a href="https://www.gesetze-im-internet.de/sgb_5/_41.html">https://www.gesetze-im-internet.de/sgb_5/_41.html</a> <a href="https://www.gesetze-im-internet.de/sgb_5/_11.html">https://www.gesetze-im-internet.de/sgb_5/_11.html</a> <a href="https://www.gesetze-im-internet.de/sgb_5/_40.html">https://www.gesetze-im-internet.de/sgb_5/_40.html</a> <a href="https://www.gesetze-im-internet.de/sgb_5/_41.html">https://www.gesetze-im-internet.de/sgb_5/_41.html</a>
Teaser	People with disabilities and people at risk of disability are entitled to medical rehabilitation.
Volltext	<p>People with disabilities and people at risk of disability are entitled to medical rehabilitation.</p> <p>The purpose of medical rehabilitation is to prevent, eliminate, reduce or compensate for disabilities, including chronic illnesses. The aim of medical rehabilitation is to improve quality of life. It helps to avoid restrictions in earning capacity and the need for long-term care. After medical rehabilitation, people can return to or continue working if possible. They should not be dependent on social benefits.</p> <p>According to Section 42 (2) SGB IX, medical rehabilitation services include in particular</p> <ul style="list-style-type: none"> <li>• Treatment by doctors, dentists and members of other medical professions, insofar as their services are carried out under medical supervision or on a doctor's orders, including instruction in developing their own healing powers,</li> <li>• early detection and early intervention for children with disabilities and children at risk of disability,</li> <li>• medicines and dressings,</li> <li>• remedies including physical, speech and occupational therapy,</li> <li>• Psychotherapy as medical and psychotherapeutic</li> </ul>

## Modul

## Sachverhalt

treatment

- aids and
- stress testing and occupational therapy.

In accordance with Section 42 (3) SGB IX, the list of benefits also includes medical, psychological and educational assistance, insofar as this is necessary in individual cases. Such services include in particular

- Assistance with coming to terms with illness and disability,
- Help to activate self-help potential,
- Information and advice for partners and relatives as well as superiors and colleagues, if the beneficiary agrees,
- arranging contacts to local self-help and counseling facilities,
- help with mental stabilization and the promotion of social skills, including training in social and communication skills and dealing with crisis situations
- training in practical life skills and

guidance and motivation to make use of medical rehabilitation services.

## Erforderliche Unterlagen

An application must be submitted to the responsible rehabilitation provider (see procedure).

## Voraussetzungen

The following requirements must be met by all rehabilitation providers in order for a medical rehabilitation measure to be approved:

- The rehabilitation measure is necessary for medical reasons, i.e. there is a need for rehabilitation.
- The insured person is capable of rehabilitation, i.e. they are physically able to carry out the treatments during the medical rehabilitation treatment.
- There is a positive rehabilitation prognosis, i.e. the goals of the rehabilitation service can be achieved within a realistic time frame.
- The necessity of the rehabilitation service must be determined by a doctor and approved by the cost bearer before the start of rehabilitation.

The other requirements can be obtained from the

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	respective rehabilitation provider.
Kosten	There are no costs or fees for the approval of the service.
Verfahrensablauf	<p>An application must be submitted to the responsible rehabilitation provider.</p> <p>According to Section 6 SGB IX, the rehabilitation providers for the provision of social participation benefits can be</p> <ul style="list-style-type: none"> <li>• the statutory health insurance funds</li> <li>• the statutory accident insurance institutions (e.g. employers' liability insurance associations, public sector accident insurance institutions) if the disability was caused by an accident at work, an accident at school or on the way there, or in the case of an occupational disease</li> <li>• the statutory pension insurance institutions (e.g. Deutsche Rentenversicherung Bund, formerly: Bundesversicherungsanstalt für Angestellte, Deutsche Rentenversicherung Nord, formerly: Landesversicherungsanstalten) if occupational rehabilitation can avoid the payment of a pension</li> <li>• the war victims' welfare institutions and the war victims' welfare institutions within the framework of the law on social compensation for health damage, e.g. war and military service damage, vaccination damage or the consequences of acts of violence (e.g. Mecklenburg-Vorpommern State Office for Health and Social Affairs (LAGuS) - pension office, main welfare office)</li> <li>• the public youth welfare organizations (youth welfare offices of the districts and independent cities)</li> <li>• the providers of integration assistance (in Mecklenburg-Vorpommern the independent towns and districts) if no other provider is responsible for a disability and there is a need for assistance</li> </ul> <p>The rehabilitation provider checks whether the requirements are met and which form of support is necessary. The decision is recorded in a written decision.</p>

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	All rehabilitation providers are obliged to provide information, advice and cooperation. The institution that is contacted first is obliged to clarify responsibility quickly. The rehabilitation providers designate contact points that provide information to beneficiaries, employers and other rehabilitation providers.
Bearbeitungsdauer	
Frist	
weiterführende Informationen	
Hinweise	
Rechtsbehelf	
Kurztext	<p>Medical rehabilitation services are provided in order to</p> <ul style="list-style-type: none"> <li>• avert, eliminate, alleviate or compensate for disabilities, including chronic illnesses, or prevent them from worsening, or</li> <li>• to avoid, overcome or reduce restrictions on earning capacity and the need for care, to prevent deterioration and</li> <li>• to prevent the premature receipt of current social benefits or to mitigate current social benefits.</li> </ul>
Ansprechpunkt	The responsible rehabilitation provider or the Mecklenburg-Vorpommern State Office for Health and Social Affairs.
Zuständige Stelle	responsible rehabilitation provider for medical rehabilitation or the Mecklenburg-Vorpommern State Office for Health and Social Affairs.
Formulare	Application forms are available from the responsible rehabilitation provider (see procedure).
Ursprungsportal	Medizinische Rehabilitation zur Abwehr von Behinderungen und chronischen Erkrankungen nach SGB IX beantragen, Apply for medical rehabilitation to prevent disabilities and chronic illnesses in accordance with SGB IX