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# Assistance for young adults and follow-up care

Heruntergeladen am 27.06.2025

<https://fimportal.de/xzufi-services/389410261/L100001>

Modul	Sachverhalt
Leistungsschlüssel	99060005080000, 99060005080000
Leistungsbezeichnung I	Assistance for young adults and follow-up care
Leistungsbezeichnung II	
Typisierung	3b - Bundesaufsichtsverwaltung: Regelung, Land: Ausführungsvorschriften, Kommune: Vollzug
Quellredaktion	Hessen
Freigabestatus Katalog	unbestimmter Freigabestatus
Freigabestatus Bibliothek	fachlich freigegeben (silber)
Begriffe im Kontext	
Leistungstyp	Leistungsobjekt mit Verrichtung
Leistungsgruppierung	Hilfe zur Erziehung (060)
Verrichtungskennung	Gewährung (080)
SDG-Informationsbereich	Geburt, Sorgerecht für Minderjährige, elterliche Pflichten, Vorschriften für Leihmutterschaft und Adoption, einschließlich Stiefkindadoption, Unterhaltspflichten für Kinder bei

Modul	Sachverhalt
	grenzüberschreitenden familiären Gegebenheiten
Lagen Portalverbund	Kinderbetreuung (1020200)
Einheitlicher Ansprechpartner	Nein
Fachlich freigegeben am	26.07.2023
Fachlich freigegeben durch	Hessian Ministry of Social Affairs and Integration
Handlungsgrundlage	<a href="https://www.gesetze-im-internet.de/sgb_8/_41.html">https://www.gesetze-im-internet.de/sgb_8/_41.html</a> <a href="https://www.gesetze-im-internet.de/sgb_8/_41.html">https://www.gesetze-im-internet.de/sgb_8/_41.html</a>
Teaser	Young adults sometimes find it difficult to live independently and without help from others. For people between the ages of 18 and 27, there are the so-called "Aids for Young Adults" from the Youth Welfare Office.
Volltext	<p>The "Assistance for Young Adults" includes various benefits that are suitable for young adults. The aid is intended to help people between the ages of 18 and 21 to lead a life of personal responsibility and self-determination. When applying, it is checked which aids are useful in individual cases.</p> <p>If the age of 21 has been reached, there may be a continuation assistance in justified individual cases.</p> <p>The Youth Welfare Office offers different, individual support. The support is based on:</p> <ul style="list-style-type: none"> <li>• Personal Goals</li> <li>• Wish</li> <li>• Abilities</li> <li>• Resources</li> </ul> <p>Resources can be: the environment, friends and family.</p> <p>Pedagogical specialists accompany people in coping with everyday problems and help them to develop a perspective. It does not matter whether the person lives with their parents, in their own apartment or in a group home.</p>

## Modul

## Sachverhalt

The following forms are available:

- Educational assistance – a person provides support in everyday life.
- Intensive socio-pedagogical one-to-one support in order to cope with personal crises and solve problems more and more on one's own.
- Home education – care in an institution outside the parental home
- Assisted living - the way to an independent life in your own 4 walls
- Integration assistance for young adults with a (threatening) mental disability.

Young people who have already received help from the Youth Welfare Office before they reach the age of majority and would like to continue receiving this help must apply for assistance for young adults themselves. Previously, the persons entitled to custody (parents or guardians) were entitled to claim.

## Erforderliche Unterlagen

- Identity card

## Voraussetzungen

- They are between 18 and 21 years old. In justified individual cases, assistance may also be granted up to the age of 27 if the assistance has already been started.
- Due to your personal development, you cannot lead a self-determined, self-reliant and independent life.
- Help is suitable and necessary. This is checked by the Youth Welfare Office.
- In the event of a (threatening) mental disability, you will need a specialist opinion if you would like to apply for integration assistance for young adults. The Youth Welfare Office can obtain this with your consent.

## Kosten

Assistance for young adults in outpatient form is free of charge. Outpatient means when you live with your parents or in your own apartment.

In the case of assistance for young adults in inpatient form, you must contribute to the costs to a reasonable extent if you have an income or assets. Inpatient means that you live in a home or other form of assisted living.

Modul	Sachverhalt
Verfahrensablauf	<ul style="list-style-type: none"> <li>• Contact the responsible youth welfare office.</li> <li>• In a personal conversation, you will be shown possible help.</li> <li>• If you are eligible for assistance for young adults, submit an application for assistance.</li> <li>• If assistance for young adults is approved, all parties involved draw up a help plan together. This determines how the help should be designed in your case.</li> </ul>
Bearbeitungsdauer	
Frist	
weiterführende Informationen	
Hinweise	
Rechtsbehelf	Please note the information in the notification of benefits from the Youth Welfare Office.
Kurztext	<ul style="list-style-type: none"> <li>• Apply for help for young adults</li> <li>• In case of difficulties with self-employment and other problems</li> <li>• 18-21 years, with the exception of 27</li> <li>• The type and scope depends on the circumstances</li> <li>• Advice needed</li> <li>• Application required</li> <li>• Help plan discussion</li> <li>• Competent authority: Responsible Youth Welfare Office</li> </ul>
Ansprechpunkt	Please contact the youth welfare office responsible for you.
Zuständige Stelle	Youth welfare office
Formulare	
Ursprungsportal	Assistance for young adults and follow-up care, Hilfe für junge Volljährige und Nachbetreuung Gewährung