

99134025017000

Medizinische Vorsorgeleistungen Bewilligung

Heruntergeladen am 26.06.2025

<https://fimportal.de/xzufi-services/584452/B100019>

Modul	Sachverhalt
Leistungsschlüssel	99134025017000
Leistungsbezeichnung I	Medizinische Vorsorgeleistungen Bewilligung
Leistungsbezeichnung II	Applying for medical preventive services for insured persons of the statutory health insurance
Typisierung	1 - Bund: Regelung und Vollzug
Quellredaktion	Bund
Freigabestatus Katalog	fachlich freigegeben (gold)
Freigabestatus Bibliothek	unbestimmter Freigabestatus
Begriffe im Kontext	
Leistungstyp	Leistungsobjekt mit Verrichtung
Leistungsgruppierung	
Verrichtungskennung	Bewilligung (17)
SDG-Informationsbereich	Allgemeine Informationen über Zugangsrechte zu verfügbaren öffentlichen Präventionsmaßnahmen im Gesundheitsbereich und über die Pflichten zur Teilnahme an diesen Maßnahmen

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Lagen Portalverbund	Gesundheitsvorsorge (1130100)
Einheitlicher Ansprechpartner	Nein
Fachlich freigegeben am	02.12.2021
Fachlich freigegeben durch	Federal Ministry of Health
Handlungsgrundlage	https://www.gesetze-im-internet.de/sgeb_5/_23.html https://www.gesetze-im-internet.de/kvlg_1989/_8.html
Teaser	Outpatient or inpatient preventive care can help you avert the threat of illness or the need for long-term care. You apply for the preventive care benefit from your health insurance fund.
Volltext	<p>For preventive medical services, the principle applies: outpatient before inpatient.</p> <p>Outpatient preventive care services</p> <p>Upon application and under certain conditions, your statutory health insurance will cover the costs of medical services and spa medication for outpatient preventive care. Accommodation and meals are paid by you as the insured person.</p> <p>Outpatient preventive medical services are medical and therapeutic treatments, for example, therapeutic baths or physiotherapy, which are carried out by therapy centers in state-recognized health resorts. You can choose the health resort and the therapy center together with your doctor. You organize your own accommodation and meals.</p> <p>Inpatient preventive services</p> <p>If an outpatient preventive treatment at a state-recognized health resort is not sufficient because, for example, you are physically severely impaired or require intensive medical care, your health insurance company must grant you an inpatient preventive treatment upon application. In addition to treatment, this also includes room and board in the spa clinic.</p>

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Medical necessity

Your health insurance company can only approve an outpatient or inpatient preventive care benefit if you have previously exhausted all therapy offers at your place of residence. Your doctor must justify the necessity of the preventive treatment to your health insurance company in the application.

A cure can be considered medically necessary if

- it can prevent an impending illness or avoid its aggravation, or
- prevent the need for nursing care, or
- a risk to the health development of a child can be counteracted.

Duration

The duration of outpatient preventive services should be provided for a maximum of 3 weeks. An extension can only be considered if this is urgently required for medical reasons in order to achieve the preventive care goal.

Inpatient preventive services should be provided for a maximum of 3 weeks - unless an extension of the service is urgently required for medical reasons.

In individual cases, stays at a health resort abroad are also possible; please contact your health insurance company for more information.

Erforderliche Unterlagen

In individual cases, medical documents may be required. You can find out what these are from your doctor or your health insurance provider.

Voraussetzungen

Your doctor prescribes the cure and justifies the medical necessity to your health insurance company.

Kosten

Under certain conditions, your statutory health insurance will cover the costs of spa medical treatment and a proportion of the costs of spa medication in the case of outpatient preventive care. Accommodation and meals are paid by you. A subsidy from the health

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insurance fund is possible for this. In the case of inpatient preventive care, the health insurance company covers the costs of treatment, accommodation and meals. You pay the usual co-payment.

Verfahrensablauf

For a preventive service, proceed as follows:

- In a consultation, your doctor will prescribe a preventive medical service for you.
- For outpatient preventive care: Your doctor fills out the application form (model 25) together with you and justifies the necessity of the measure.
- For inpatient preventive care: Your doctor fills out the application form of your health insurance together with you and justifies the necessity of the measure.
- You send the completed application to your statutory health insurance fund. You can submit the application by mail and - for many health insurance companies - also online or hand it in at the office.
- The health insurance fund will check whether there is an entitlement to preventive care benefits and inform you of the result.
- For outpatient preventive care benefits: Together with your doctor, you will select a suitable state-recognized spa from a medical point of view.
- For inpatient preventive care benefits: You are welcome to inform your health insurance company of your wishes regarding a specific preventive care facility. Your health insurance fund will check whether these wishes can be met.

Bearbeitungsdauer

For outpatient preventive services, the processing time is usually 5 to 18 business days. For inpatient preventive care benefits, the processing time is usually 5 to 20 working days. For rapid processing and decision-making, your health insurance fund must be provided with the necessary information and any required documents in a complete and meaningful manner. The health insurance company will make a decision on applications promptly, while adhering to the statutory processing time limit in order to protect patients' rights. Please note that the processing time indicated is an average value for all health insurance funds. It may vary in individual cases. The exact

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	processing time also depends on the complexity of the individual case and may be longer accordingly. The same applies if documents or records are sent to you or your health insurer by mail. If necessary, the Medical Service must be involved. This will take up to an additional 5 weeks to process your request.
Frist	In order for your health insurance company to approve the application, your last outpatient spa treatment must generally have taken place at least 3 years ago. As a rule, your last inpatient spa treatment must have taken place at least 4 years ago. In case of urgent medical necessity, shorter intervals are also possible in both cases.
weiterführende Informationen	https://www.bundesgesundheitsministerium.de/rehabilitation.html
Hinweise	
Rechtsbehelf	<ul style="list-style-type: none"> • Objection • Action before the social court
Kurztext	<ul style="list-style-type: none"> • Medical preventive services for insured persons Approval • People with statutory health insurance are entitled to outpatient or inpatient preventive care benefits (colloquially: spa or preventive cure). • Prerequisite: The physician certifies and justifies the medical necessity of the preventive service in the application to the health insurance company. • For outpatient preventive measures: Applicants fill out the application (so-called sample 25) together with the doctor. The application for the preventive care benefit is to be submitted to the health insurance fund. • For inpatient preventive measures: as a rule, an informal application is completed jointly by the applicant and the physician and sent to the health insurance fund. • The application must be approved by the health insurance fund before the start of the preventive treatment. • In the case of outpatient cures, the health insurance fund can also provide a subsidy for accommodation, meals and travel costs in addition to the treatment costs.

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	<ul style="list-style-type: none"> • In the case of in-patient treatment, the health insurance company pays for treatment costs, accommodation and meals. • Information provided by: statutory health insurance funds • responsible: statutory health insurance funds
Ansprechpunkt	
Zuständige Stelle	
Formulare	<p>- Forms: yes</p> <p>- Online procedure possible: Many statutory health insurers offer an online procedure.</p> <p>- Written form required: yes</p> <p>- Personal appearance required: no https://bundesportal.gkv-spitzenverband.de?ID=15 https://bundesportal.gkv-spitzenverband.de?ID=10</p>
Ursprungsportal	Medizinische Vorsorgeleistungen Bewilligung, Medizinische Vorsorgeleistungen Bewilligung