

99134053080000

# Domestic help during pregnancy Grant

Heruntergeladen am 27.06.2025

<https://fimportal.de/xzufi-services/103574929/B100019>

Modul	Sachverhalt
Leistungsschlüssel	99134053080000
Leistungsbezeichnung I	Domestic help during pregnancy Grant
Leistungsbezeichnung II	Applying for household help for people with statutory health insurance during pregnancy and after childbirth
Typisierung	1 - Bund: Regelung und Vollzug
Quellredaktion	Bund
Freigabestatus Katalog	fachlich freigegeben (gold)
Freigabestatus Bibliothek	unbestimmter Freigabestatus
Begriffe im Kontext	
Leistungstyp	Leistungsobjekt mit Verrichtung
Leistungsgruppierung	
Verrichtungskennung	Gewährung (80)
SDG-Informationsbereich	Medizinische Behandlung in einem anderen Mitgliedstaat
Lagen Portalverbund	Vor der Geburt (1010100), Nach der Geburt (1010200)

Modul	Sachverhalt
Einheitlicher Ansprechpartner	Nein
Fachlich freigegeben am	06.05.2025
Fachlich freigegeben durch	Federal Ministry of Health (BMG)
Handlungsgrundlage	<a href="https://www.gesetze-im-internet.de/sgb_5/_24h.html">https://www.gesetze-im-internet.de/sgb_5/_24h.html</a> <a href="https://www.gesetze-im-internet.de/kvlg_1989/_10.html">https://www.gesetze-im-internet.de/kvlg_1989/_10.html</a>
Teaser	<p>If you are unable to run your household due to pregnancy or childbirth, you are entitled to household help under certain conditions. You can apply for this from your statutory health insurance fund.</p>
Volltext	<p>Under statutory health insurance, you can receive household help if you are temporarily unable to continue running your household due to pregnancy-related complaints or after giving birth. The prerequisite is that there is no other person living in your household who can continue to run the household.</p> <p>During pregnancy and childbirth, you are entitled to support from a home help if you are unable to continue running your household because</p> <ul style="list-style-type: none"> <li>• you have pregnancy symptoms such as anemia, nausea or cramps,</li> <li>• your doctor has instructed you to take it easy physically, for example due to a high-risk pregnancy,</li> <li>• your health is weakened after giving birth.</li> </ul> <p>You will need a certificate to apply for home help from your health insurance fund. Your doctor or midwife will confirm the need for home help and state the extent and duration of the home help you are likely to need.</p> <p>If your statutory health insurance fund approves your application, it can arrange a home help from a care service or a comparable organization. If the health insurance fund is unable to provide domestic help or there is a reason not to do so, you can organize the domestic help yourself. You will then be reimbursed</p>

## Modul

## Sachverhalt

the appropriate amount of costs.

If your parents, siblings or other close relatives up to the 2nd degree help you in the household, your health insurance fund cannot reimburse them. However, it can reimburse travel costs and, in some cases, loss of earnings. Please contact your statutory health insurance fund for more information.

If you fall ill during pregnancy or after giving birth, you may be able to apply for household help in the event of illness. The conditions for applying for home help in the event of illness are different from those for pregnancy or childbirth. You will also have to make an additional payment.

### Erforderliche Unterlagen

- Confirmation of the necessity, scope and duration of the household help

### Voraussetzungen

- You are a member of a statutory health insurance fund.
- There is no other person living in your household who can continue to run it.
- Your doctor or midwife certifies the need for household help.

### Kosten

You do not have to pay anything for the application or make any co-payments. The home help usually settles the costs directly with your health insurance company.

### Verfahrensablauf

You can apply for household help during pregnancy and childbirth by post or - in the case of many statutory health insurance funds - in person at the office or online.

- Complete the application form from your statutory health insurance fund and submit it to your health insurance fund together with confirmation of the necessity, duration and scope of the household help.
- Your health insurance company will check your entitlement to home help and advise you on suitable providers. Alternatively, you can choose a home help provider yourself, provided they are a contractual partner of your health insurance company.
- You hire the home help.

Modul	Sachverhalt
Bearbeitungsdauer	1 - 15 Werktag(e)
Frist	You must apply for domestic help from your health insurance fund before you claim the benefit. If you have hired domestic help yourself, the costs can only be reimbursed in exceptional cases.
weiterführende Informationen	<a href="https://www.bundesgesundheitsministerium.de/haushaltshilfe.html">https://www.bundesgesundheitsministerium.de/haushaltshilfe.html</a> <a href="https://www.gkv-spitzenverband.de/krankenversicherung/ambulante_leistungen/haushaltshilfe/haushaltshilfe.jsp">https://www.gkv-spitzenverband.de/krankenversicherung/ambulante_leistungen/haushaltshilfe/haushaltshilfe.jsp</a>
Hinweise	
Rechtsbehelf	<ul style="list-style-type: none"> <li>• Objection</li> <li>• Action before the social court</li> </ul>
Kurztext	<ul style="list-style-type: none"> <li>• Pregnant women can apply for household help from their statutory health insurance provider due to pregnancy complaints or childbirth</li> <li>• Prerequisite: There is no other person living in the household who can continue to run it</li> <li>• Domestic help is also possible for the time after the birth</li> <li>• Required documents: Certificate from a doctor or midwife stating the necessity and duration of household help</li> <li>• Information from: statutory health insurance companies</li> </ul>
Ansprechpunkt	
Zuständige Stelle	
Formulare	
Ursprungsportal	Domestic help during pregnancy Grant, Haushaltshilfe bei Schwangerschaft Gewährung